

Direct Access



Information for Physiotherapists



- Has an injured worker requested physiotherapy at your clinic?
- If so, schedule and complete the initial assessment within **48 hours** of the appointment request.
- If the injured worker has not already filed a claim, please have them complete the **Worker's Report (Form 6)** and submit it to the WCB as soon as possible.



- The WCB automatically authorizes an initial assessment and up to five (5) acute treatments prior to any formal approval being required. Formal approval from the WCB **must** be provided for any acute treatments beyond the first five (5).
- Submit your initial report within two (2) working days of completing the assessment.
- Is the worker capable of completing regular duties or modified duties in any capacity? Please choose the appropriate option in "Return to Work Status."
- Provide a realistic date for returning to work.
- Submit progress reports within four (4) working days following every 4th treatment.



- Establish that an emphasis is placed on recovery and prevention of work disability, ensuring workers stay at work and return to work whenever possible.
- Provide education on prevention of re-injury and the benefits of staying at work and returning to work.
- Provide a documented home exercise program.



- Share barriers to returning to work, including psychosocial barriers, with the Case Worker under the "Conflicting Circumstances" section of your reports.
- Call the Case Worker to provide updates and to discuss potential barriers.
- Share the plan for returning to work and progression of duties, when appropriate, with the worker and the Case Worker. The WCB can work with the employer to facilitate a safe plan for returning to work, if the worker is capable of returning to work in **any** capacity.
- Notify the WCB each time the worker is a "no show" or is unable to attend a scheduled appointment.
- Need help with return to work planning? Contact the Case Worker to discuss a potential referral to a WCB Occupational Therapist.

For more information:
Phone 902-368-5680
Toll-free 1-800-237-5049
wcb.pe.ca

March 2023