



2023 Workplace Health and Safety Conference April 20, 2023

Keynote Speaker – Dr. Linda Duxbury, Sprott School of Business, Carleton University

Dr. Linda Duxbury (Ph.D.) is a professor at the Sprott School of Business at Carleton University. She has written several papers, articles, and books, and is the co-author of a series of Health Canada reports about work-life balance within the country. She has been published widely in both academic and practitioner literatures in the areas of work-family conflict, resiliency, disruptive change management, supportive work environments, stress, hybrid offices, the use and impact of technology, and managing the new workforce. Recently, Dr. Duxbury has been examining the impact of the COVID-19 pandemic on employees and companies, with a particular focus on mental health and well-being, and how companies can address this moving forward.

Violence in Healthcare – Heather Matthews and Susan Dempsey, AWARE-NS

Heather is a seasoned safety professional with over 20 years of experience. She is the Occupational Health and Safety Manager with AWARE-NS, the Nova Scotia Health and Community Services Safety Association, where she is responsible for the development and delivery of leading OHS safety practices and initiatives. Heather received her Bachelor's degree, majoring in Housing and Facility Management from Mount Saint Vincent University. She completed her Certificate in Occupational Health and Safety from Ryerson University.

Susan has a passion for people and a values-based workplace environment that develops people and delivers results. Susan joined AWARE-NS, the Nova Scotia Health and Community Services Safety Association, as Executive Director in 2014. Throughout her 30 years of experience in the continuing care sector, Susan has held many progressive leadership roles, building her knowledge and leadership capability. She brings with her a clear vision of making a difference in helping to create safer workplaces in the long term care, home care and community services sectors.

The Roles of OHS Personnel – Jeremy MacEachern and Joe McAulay, WCB of PEI

Jeremy is an Educational Consultant with the Occupational Health and Safety Division of the Workers Compensation Board of PEI. In his current role, he helps Island employers and workers with education about their responsibilities under the PEI *Occupational Health and Safety Act*. Jeremy has worked in adult education for over 10 years and has a passion for helping people and promoting safety in the workplace. Jeremy received his Bachelor of Arts and Education degrees from the University of PEI and also completed a Masters of Business Administration in 2020 at UPEI.

Joe is currently employed as an Occupational Health and Safety Officer with the Workers Compensation Board of PEI. Joe had been serving stakeholders in PEI since 2007. Duties include conducting workplace inspections related to the enforcement of the PEI *Occupational Health and Safety Act* and its regulations. Joe has completed certification training programs related to Occupational Health and Safety at the University of New Brunswick and has sat on a number of community boards and is a member of the PEI chapter of the Canadian Society for Safety Engineering (CSSE).

Orientations for the Next Generation – Lee Lawrence, Gemba Group Solutions

Lee has over 22 years of experience in Health and Safety, Lean Manufacturing, Construction, and the Skilled Trades. Lee is an accomplished CRST, NCSO and Red Seal certified Master 309A & 442A Electrician in the province of Ontario. Lee sits on the Electrical Safety Authority's Master Electrician Appeals Review Panel, and is an approved Associate COR Auditor with the Infrastructure Health and Safety Association. Lee leverages his years of problem-solving, troubleshooting, leadership and interpersonal skills to support senior leadership teams in achieving compliance to regulatory requirements while setting realistic and attainable safety objectives.

Lessons from Mother Nature – Tanya Mullally, Department of Justice and Public Safety

Tanya is the Acting Director for the Public Safety Division with the Department of Justice and Public Safety, responsible for the PEI Emergency Measures Organization (EMO). She also holds responsibility for Conservation and Enforcement, Provincial Firearms, Fire Marshal, 9-1-1 Civic Addressing, Coroner's Office and Provincial Policing. Her work in emergency management has provided several opportunities to support and manage disaster operations and exercises in PEI and across Canada. She has worked on various disasters in PEI and across the country.

Keeping the Human in Human Factors and Ergonomics – Todd Hickey, WorkSafeNB

Todd is an Ergonomist with WorkSafeNB, President of the Atlantic region of the Association of Canadian Ergonomists, a Canadian Certified Professional Ergonomist, Certified Kinesiologist, Clinical Exercise Physiologist, and Certified Psychological Health & Safety Advisor. Todd has a passion for helping people to work and live "better" and is always up for a chat about health, safety, wellness, kayaking or even craft beer.

Psychological Health and Safety in the Workplace – Matt MacDonald, WCB of PEI

Matt is an Education Consultant with the Occupational Health and Safety Division of the Workers Compensation Board of PEI. Matt helps Island employers and workers understand their responsibilities under the PEI *Occupational Health and Safety Act*. Prior to joining the Workers Compensation Board of PEI Matt spent five years working at New York University Abu Dhabi as their Physical and Health Education Curriculum Manager. Matt has over a decade of teaching experience, has a Master's degree in Education from St. Francis Xavier University, and is a proud father of two.

Cancer-causing Agents in the Workplace – What's the Story? – Katriona MacNeil, WCB of PEI, Colleen Rodgerson, Nova Scotia Department of Labour, Skills and Immigration, Amy Hall, Veterans Affairs Canada

Katriona is an Occupational Hygienist with the Workers Compensation Board of PEI. Her focus is helping workplaces prevent exposures to chemicals, noise, and other hazards that are easily overlooked, but often have long-term health consequences. Katriona has over 15 years of OHS experience in government and industry roles. Her proficiencies include hazard analysis, workplace chemical sampling, health and safety training, and program development. Katriona holds a Master's Degree from McGill University in Occupational Health (2013) and is a Certified Industrial Hygienist (CIH).

Colleen, P.Eng., CRSP, is an Occupational Health and Safety (OHS) Engineer with the Nova Scotia Department of Labour, Skills and Immigration. In this position, she supports radiation protection for intergovernmental groups, the OHS inspectorate and industry in Nova Scotia. She has worked in this position for 16 years. Her previous employment experience includes work in both the private and public sector in food processing, fish harvesting, fish handling, aquaculture, and tooling design for thermoform packaging.

Amy is a senior epidemiologist within the Research Directorate at Veterans Affairs Canada, where she works to understand veteran health and links with military service exposures. Amy worked as a registered nurse in acute neurological and cardiac intensive care prior to obtaining a Master's of Science degree through the University of British Columbia's occupational and environmental hygiene program in 2009. She then worked for CAREX Canada, a national carcinogen surveillance project, where she developed exposure estimates for a number of known and suspected carcinogens and assisted the development of a Canadian Workplace Exposure Database in collaboration with regulatory agencies across Canada.

Workplace Harassment: Lessons Learned – David Follett and Stephen Carpenter, WCB of PEI

David is an Occupational Health and Safety Officer, Health Care Specialist, with over 15 years of experience at the Workers Compensation Board of PEI. Prior to assuming his current role, David was an Entitlement Officer and Case Coordinator with the WCB of PEI. David has also worked as a kinesiologist in Newfoundland and Nova Scotia with private occupational therapy and physiotherapy clinics. Since the workplace harassment regulations came into effect in 2020, David has taken on the additional role of responding to all harassment complaints filed with the Occupational Health and Safety Division.

Stephen is the Senior Legal Advisor at Workers Compensation Board of PEI. He is also the current Chair of the Labour Relations Board of PEI. Prior to assuming his current role with the WCB of PEI, Stephen was a partner at a regional law firm where his practice focused on all aspects of labour and employment law, workplace safety, and workplace human rights. Stephen has acted for a variety of employers, individual complainants, trade unions, industries and both for profit and not-for-profit organizations in various labour and other administrative hearings. Stephen is a workplace investigator and a labour arbitrator. He currently holds designations as a Chartered Professional in Human Resources and as an Advisor in Workplace Psychological Health and Safety.

Respiratory Protection Programs: Breathe Easy – Katriona MacNeil, WCB of PEI

Katriona is an Occupational Hygienist with the Workers Compensation Board of PEI. Her focus is helping workplaces prevent exposures to chemicals, noise, and other hazards that are easily overlooked, but often have long-term health consequences. Katriona has over 15 years of OHS experience in government and industry roles. Her proficiencies include hazard analysis, workplace chemical sampling, health and safety training, and program development. Katriona holds a Master's Degree from McGill University in Occupational Health (2013) and is a Certified Industrial Hygienist (CIH).

Protecting Vulnerable Workers in Your Workplace – Erin Carver, WCB of PEI

Erin is the Youth Education Consultant at the Workers Compensation Board of PEI. She has been serving Islanders in a consulting role since 2019. Erin is a graduate from the University of Prince Edward Island with a Psychology and Education degree and has most recently received her certificate in OHS from the University of New Brunswick. Erin enjoys educating young workers and their employers about their occupational health and safety requirements, spending time with her family and staying active outdoors.

Hearing Conservation – Alton Newman, 3M

Alton is a well-known figure in the Maritimes Health and Safety industry with over 25 years of sales experience. He has had multiple roles during his career at Levitt Safety including working in operations, sales, and as national fire and confined space category manager. Currently, Alton holds the role of Safety Specialist for 3M's Personal Safety Division in PEI and NB. Alton is a graduate from the University of New Brunswick, and he resides in Moncton, NB, with his wife Kim.

Supervisor Responsibilities - Lee Lawrence, Gemba Group Solutions

Lee has over 22 years of experience in Health & Safety, Lean Manufacturing, Construction, and the Skilled Trades. Lee is an accomplished CRST, NCSO and Red Seal certified Master 309A & 442A Electrician in the province of Ontario. Lee sits on the Electrical Safety Authority's Master Electrician Appeals Review Panel, and is an approved Associate COR Auditor with the Infrastructure Health & Safety Association. Lee leverages his years of problem-solving, troubleshooting, leadership and interpersonal skills to support senior leadership teams in achieving compliance to regulatory requirements while setting realistic and attainable safety objectives.