

Direct Access



Resource Sheet for Physiotherapists



- Referral request made to your clinic? Clarify if the worker meets the criteria for Direct Access
- Schedule and complete the assessment within 48 hours of the referral request
- Has the worker submitted a Form 6? Facilitate completion and submission of this form to the WCB, whenever necessary



- Contact the WCB following completion of the assessment
- Provide the worker's diagnosis and request approval for treatment (when appropriate)



- Submit your initial report within 2 working days of completing the assessment
- Is the worker capable of completing regular duties or modified duties in any capacity? Please choose the appropriate option in "Return to Work Status"
- Provide a realistic return to work date
- Submit progress reports within 5 working days following every 5th treatment



- Ensure that emphasis is placed on recovery and prevention of work disability, ensuring workers stay at work and return to work whenever possible
- Provide education on prevention of re-injury and the benefits of staying at work and returning to work
- Provide a documented home exercise program



- Communicate return to work barriers (including psychosocial barriers) to the Case Worker in submitted reports in Conflicting Circumstances
- Call the Case Worker to provide updates and to discuss barriers
- Communicate return to work plan and progression of duties (when appropriate) with the worker and the Case Worker. The WCB can work with the Employer to facilitate a safe return to work plan if the worker is capable of returning to work in any capacity
- Notify the WCB each time the worker is a "no show" or is unable to attend a scheduled appointment
- Need help with return to work planning? Contact the Case Worker to discuss a potential referral to a WCB Occupational Therapist

For more information:
Phone 902-368-5680
Toll Free 1-800-237-5049

wcb.pe.ca