



Workplace Safety Education Sessions 2023 Winter/Spring – *updated November 22, 2022*

The Workers Compensation Board of PEI (WCB) offers a number of educational sessions to support healthy and safe workplaces across PEI.

Sessions are **FREE** and will be hosted virtually on Zoom and in-person. Pre-recorded sessions are also available for you to watch any time.

Virtual	For virtual sessions, a registration link for Zoom is provided below
In-Person	For in-person sessions, registration is required by emailing ohs@wcb.pe.ca or by calling 902-368-5697 as space is limited

Virtual Sessions			
See next page for full session descriptions			
Click on the individual links to register for virtual sessions			
<u>Session</u>	<u>Date</u>	<u>Time</u>	<u>Link</u>
Workplace Wellness	Jan. 10, 2023	9:00–10:00 a.m.	Register
Hazard Assessment & Control	Feb. 14, 2023	9:00–10:00 a.m.	Register
Supervisor Safety & Orientation	Mar. 8, 2023	8:30-10:00 a.m.	Register
Young & Vulnerable Workers	Mar. 22, 2023	9:00- 10:00am	Register
Health & Safety Committees	May 16, 2023	9:00- 10:00am	Register

In-Person Sessions

See next page for full session descriptions

Call 902-368-5697 or email ohs@wcb.pe.ca to register for in-person sessions

<u>Session</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Health and Safety Committee Basics & Workplace Inspections	Jan.17, 2023	9:00-12:00p.m.	Hampton Inn, Chtown 300 Capital Drive
Supervisor Safety & Orientation	Jan. 25, 2023	8:30-11:30 a.m.	Hampton Inn, Chtown 300 Capital Drive
Hazard Assessment & Control	Jan. 31, 2023	9:00-11:30 a.m.	Hampton Inn, Chtown 300 Capital Drive
Workplace Harassment & Violence	Feb. 7, 2023	9:00-12:00pm	Loyalist Inn, Sside 196 Heather Moyse Dr.
Workplace Wellness	Mar. 14, 2023	9:00-12:00pm	Hampton Inn, Chtown 300 Capital Drive
Health and Safety Committee Basics & Workplace Inspections	Mar. 28, 2023	9:00-12:00pm	Loyalist Inn, Sside 196 Heather Moyse Dr.
Workplace Harassment & Violence	Apr. 4, 2023	9:00-12:00pm	Hampton Inn, Chtown 300 Capital Drive
Hazard Assessment & Control	Apr. 11, 2023	9:00- 11:30am	Loyalist Inn, Sside 196 Heather Moyse Dr.
Young & Vulnerable Workers	April 27, 2023	8:30- 11:30am	Loyalist Inn, Sside 196 Heather Moyse Dr.
Supervisor Safety & Orientation	May 9, 2023	9:00-11:30 am	Loyalist Inn, Sside 196 Heather Moyse Dr.
Young & Vulnerable Workers	May 24, 2023	8:30-11:30am	Hampton Inn, Chtown 300 Capital Drive.
Workplace Harassment & Violence	May 30, 2023	9:00-12:00pm	Loyalist Inn, Sside 196 Heather Moyse Dr.

Recorded Webinars

In an ongoing effort to provide PEI workers and employers with workplace health and safety education, the WCB offers the following [pre-recorded webinars](#). These webinars provide a convenient option for orientating new employees, educating safety committees, or enhancing the company safety culture by promoting workplace health and safety. Webinars can be viewed anytime.

[Young Worker Safety: Changing the Culture](#)

[Workplace Safety for Supervisors](#)

[Health and Safety Committee Basics](#)

[Workplace Harassment](#)

Workplace Safety Education Session Descriptions (in alphabetical order)

[Hazard Assessment & Control](#)

Hazard assessment is the keystone of a successful health and safety management system. Therefore, it must be performed correctly and reviewed regularly to ensure the workplace remains free of unnecessary hazards. This in-person session teaches participants how to properly identify, assess and control workplace hazards in accordance with PEI Occupational Health and Safety legislation. Participants will learn strategies or method of recognizing, evaluating and documenting workplace hazards.

Health & Safety Committee Basics & Workplace Inspections

Did you know workplaces with 20 or more workers must have a safety committee? An effective safety committee is a group of worker and employer representatives working together to promote health and safety in their workplace. This session will provide you with everything you need to know to establish a safety committee in your workplace that meets the requirements of the Occupational Health and Safety Act for PEI. In addition to committees, this session will also teach you how to effectively prepare, conduct, and document workplace inspections. Learn about the types of inspections, as well as the roles of key participants: employers, supervisors, workers, and health and safety committees.

Health & Safety Committees

Did you know workplaces with 20 or more workers must have a safety committee? An effective safety committee is a group of worker and employer representatives working together to promote health and safety in their workplace. This session will provide you with everything you need to know to establish a safety committee in your workplace that meets the requirements of the Occupational Health and Safety Act for PEI.

Supervisor Safety & Orientation

Supervisors play a critical role in ensuring health and safety in the workplace. Because they direct the work of others, supervisors are well positioned to impact safety culture at work. This session will introduce participants to the concept of due diligence, and inform them of the legal responsibilities supervisors have for worker safety.

This session also takes a close look at the Health and Safety Orientation and the role it can play in making workplaces safe. Topics to be covered include employer responsibilities around orientation, the benefits of a well-planned orientation, tips for developing and delivering an effective orientation, and the components which should be included

Workplace Harassment and Workplace Violence

Workplace harassment can undermine a person's dignity and well-being. When not addressed, it can lead to negative outcomes for the workplace, including absenteeism, stress, and decreased morale. This session will introduce participants to the new *Workplace Harassment Regulations*, and outline the employer and worker responsibilities in establishing a harassment-free workplace.

Most people think of violence as a physical assault. However, workplace violence and harassment is a much broader problem and when not addressed can lead to negative outcomes for the workplace. This session will introduce participants to PEI's *Workplace Violence Regulations* and cover prevention strategies to keep workplaces safe.

Workplace Wellness

Worker health plays a direct role in the overall success of an organization. Having good health in the workplace *motivates workers, reduces absenteeism, and lowers the risk of workplace injuries and accidents*. In this session participants will learn the benefits and steps to implementing a Health and wellness program in the workplace and explore 13 factors that influence psychological health and safety in the workplace

Young & Vulnerable Worker

Whether they realize it or not, it is largely employers and supervisors who determine the general culture, as well as the health and safety culture, of a workplace. For Young and vulnerable workers learning how to do your job well is a great first step in preventing workplace injury as , chances are, they probably haven't thought about the different ways at work they can be injured. The truth is, what you don't know CAN hurt you! Participants will learn about the significant influence supervisors can have on young and vulnerable worker safety, and how employers and supervisors might capitalize on this. Participants will hear what PEI workers say about their hesitation to raise their workplace safety concerns, and what they can do to encourage workers to speak up.